

**JANUARY 2017
TONAWANDA CITY SCHOOLS
BREAKFAST MENU**

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Select One

Blueberry Muffin
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

4

Select One

UBR Round
w/ Graham Cracker
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

5

Select One

Egg, Ham & Cheese
Breakfast Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

6

Select One

Warm Fruit Strudel
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

9

Select One

Chocolate Chip Muffin
Assorted WG Cereal
w/ Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

10

Select One

French Toast Sticks
w/Warm Syrup
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

11

Select One

Trix Yogurt w/WG
Graham Cracker
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

12

Select One

Egg, Sausage &
Cheese Breakfast
Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

13

Select One

Frosted Cinnamon Roll
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

Martin Luther King
Holiday
NO SCHOOL



17

Select One

Blueberry Muffin
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

18

Select One

UBR Round
w/ Graham Cracker
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

19

Select One

Egg, Ham & Cheese
Breakfast Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

20

Select One

Warm Fruit Strudel
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

23

Select One

Chocolate Chip Muffin
Assorted WG Cereal
w/ Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

24

Select One

Mini Maple Pancakes
w/Warm Syrup
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

25

Select One

Trix Yogurt w/WG
Graham Cracker
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

26

Select One

Egg, Sausage &
Cheese Breakfast
Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

27

Select One

Frosted Cinnamon Roll
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

30

Select One

Blueberry Muffin
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

31

Select One

Toasted WG Bagel
w/Jelly
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection



A Reimbursable meal
consists of a fruit/juice
and two other items



Fresh Fruit,
Prepared, Raisins
offered as
daily fruit choice

**Breakfast \$1.50
Milk - \$.50**

Whole Grain Bagels
Offered Daily in
HS & MS

