

**DECEMBER 2016
TONAWANDA CITY SCHOOLS
BREAKFAST MENU**

MONDAY

A Reimbursable meal consists of a fruit/juice and two other items

Students may take up to 1 cup of fruit: fresh, prepared or juice

TUESDAY



WEDNESDAY



THURSDAY

1

Select One

Egg, Ham & Cheese Breakfast Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

FRIDAY

2

Select One

Frosted Cinnamon Roll
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

5

Select One

Chocolate Chip Muffin
Assorted WG Cereal
w/ Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

6

Select One

Waffle Sticks
w/Warm Syrup
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

7

Select One

UBR Round
w/ Graham Cracker
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

8

Select One

Egg, Sausage & Cheese Breakfast Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

9

Select One

Warm Cherry Fruedel
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

12

Select One

Blueberry Muffin
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

13

Select One

Toasted WG Bagel
w/Jelly
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

14

Select One

Trix Yogurt w/WG
Graham Cracker
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

15

Select One

Egg, Ham & Cheese Breakfast Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

16

Select One

Frosted Cinnamon Roll
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

19

Select One

Chocolate Chip Muffin
Assorted WG Cereal
w/ Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

20

Select One

Mini Maple Pancakes
w/Warm Syrup
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

21

Select One

UBR Round
w/ Graham Cracker
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

22

Select One

Egg, Sausage & Cheese Breakfast Sandwich
Assorted WG Cereal

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

23

Select One

Warm Apple Fruedel
Assorted WG Cereal
w/Graham Cracker

Side Choices

100% Juice Cup
Fruit Variety
Frosty Milk Selection

USDA and this institution are equal opportunity providers & employers



Bananas, Raisins and prepared fruit offered as a daily fruit choice

Frosty Milk Selection
Fat Free White & Chocolate
1% White



Whole Grain Bagels Served Daily in HS & MS



Breakfast - \$1.50
Milk - \$.50



WG Honey Graham Cracker offered with all WG cereal