




**Tonawanda CSD K-5
Lunch Menu**

March 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cold Entrée Offerings:

- Mon – Turkey & Cheese Sandwich
- Tues – Ham & Cheese Sandwich
- Wed – Yogurt Lunch
- Thurs – Super Hero Sub
- Fri – Tuna Sandwich

Lunch Price - \$1.75
Milk Price - \$.50
Meal Components:
Protein, Grain, Fruit,
Vegetable, Milk
All grains are whole grain rich.

Weekly Salad Special
Chicken Nugget



Soft Shell Tacos

Corn Niblets or
Vegetarian Beans
Fresh Fruit or
Diced Pears

Cheese Pizza

Sweet Peas
or Green Beans
Fresh Fruit or
Assorted Mixed Fruit

Weekly Salad Special
Chef Salad

Chicken Nuggets
w/ Pasta Salad

Garbanzo Beans
or Roasted Cauliflower
Fresh Fruit or
Mandarin Oranges

Baked Chicken
w/ Dinner Roll

Mashed Potatoes
and Corn Niblets
Fresh Fruit or
Diced Peaches

**French Toast Sticks
& Syrup**
w/ Sausage

Romaine Salad
Or Baked Oven Fries
Fresh Fruit or
Applesauce

**Chicken Patty on a
Bun**

Mixed Vegetables
and Carrot Coins
Fresh Fruit or
Diced Pears

Cheese Pizza

Broccoli or
Green Beans
Fresh Fruit or
Assorted Mixed Fruit

Weekly Salad Special
Chef Salad

Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.

Breadsticks
w/ Dipping Sauce

Sweet Potatoes
Or Corn Niblets
Fresh Fruit or
Pineapple Tidbits

Hot Dog on a Bun

Romaine Salad or
Mixed Vegetables
Fresh Fruit or
Diced Peaches

Cheeseburger

Crispy Tater Tots
Or Celery Sticks
Fresh Fruit or
Applesauce

Nachos Grande
W/ Rice

Vegetarian Beans
or Green Beans
Fresh Fruit or
Diced Pears

**Staff Development
Day**



**No Student
Attendance**

Weekly Salad Special
Chef Salad

Chicken Nuggets
w/ Dinner Roll

Sweet Green Peas
or Baked Beans
Fresh Fruit or
Mandarin Oranges

Meatball Hoagie

Spinach
or Corn Niblets
Fresh Fruit or
Diced Peaches

**French Toast Sticks
& Syrup**
w/ Sausage

Broccoli or
Baked Oven Fries
Fresh Fruit or
Applesauce

**Grilled Cheese
Sandwich**

Tomato Soup
and Carrot Coins
Fresh Fruit or
Strawberry Cups

Cheese Pizza

Tossed Romaine Salad
or Green Beans
Fresh Fruit or
Assorted Mixed Fruit

Weekly Salad Special
Chef Salad

BBQ Rib on Bun

Corn Niblets
or Zucchini
Fresh Fruit or
Pineapple Tidbits

Chicken Patty

Romaine Salad or
Mixed Vegetables
Fresh Fruit or
Diced Peaches

Pancakes & Syrup
w/ Sausage

Tater Tots
or Carrot Sticks
Fresh Fruit or
Applesauce

Taco in a Bag
w/ Rice

Broccoli or
Baked Beans
Fresh Fruit or
Diced Pears

Spring Recess



Choice of Milk Available with Lunch:
Low-Fat White, Fat Free White, Fat Free Chocolate

Available Daily
Peanut Butter & Jelly Sandwich
Baby Carrots (1/4 c)



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