



**Tonawanda
Middle School
Lunch Menu 6-8
June 2018**

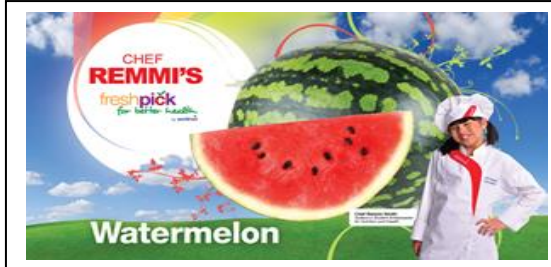
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

**Philly Beef Sub
w/ Melted Mozzarella**

Tossed Romaine Salad
or Cauliflower

Fresh Fruit or
Assorted Mixed Fruit

4

**Chicken Fajita Quesadilla
w/ Toppings**

Corn Niblets
or Green Beans

Fresh Fruit or
Mandarin Oranges

5

**Chicken Patty
Parmesan**

Tossed Romaine Salad
or Mixed Vegetables

Fresh Fruit or Peaches

6

Meatball Sub

Baked Tater Tots or
Carrot Sticks

Fresh Fruit or
Applesauce

7

**Taco in a Bag
w/ Rice**

Veggie Beans
or Brussel Sprouts

Fresh Fruit or Pears

8

**Breadsticks
w/ Dipping Sauce**

Broccoli or
Steamed Carrots

Fresh Fruit or Mixed Fruit

11

**Trio Basket
(Chicken Nuggets,
Mozzarella Sticks & Pizza
Strip)**

Broccoli or
Mixed Vegetables

Fresh Fruit or Pineapple

12

**Turkey & Gravy
w/ Dinner Roll**

Whipped Potatoes
& Gravy and Corn

Fresh Fruit or
Diced Peaches

13

**Fishwich on a Bun
w/ Tarter Sauce**

Crispy Tater Tots
or Celery Sticks

Fresh Fruit or Applesauce

14

**Grilled Cheese
Sandwich**

Tomato Soup and
Steamed Carrots

Fresh Fruit or Pears

15

Bacon Cheeseburger

Mixed Veggies or
Green Beans

Fresh Fruit or Mixed Fruit

Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.

18

19

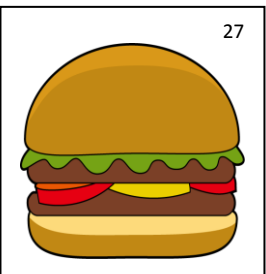
20

21

22

**Staff
Development
Day**

Final Exams



28

**USDA and this
institution are equal
opportunity
providers and
employers.**



Choice of Milk Available with Lunch:
Low-Fat White, Fat Free White, Fat Free Chocolate
Entrees Available Daily
Fast Take Sandwiches, Specialty Pizza, Salads
Peanut Butter & Jelly or Cheese Sandwich
Baby Carrots (1/4 c)
All Breads and Grains are Whole Grain Rich

